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Stop Seven (7) Days Before Testing:

Allergy Injections or Drops

Antihistamines – Prescription:

Allegra (Fexofenadine)	Aller-X	Astelin	Atarax	Xyxal
Claritin (Loratidine-Alavert)	Clarinex	Meclizine	Palgic	Patanase
Zyrtec (Ceterizine)	Vistaril	Nasalcrom	Tavist	Atarax (Hydroxyzine)

Antihistamines or Medications – Over-the-Counter:

Do not take any cold, sinus, allergy or sleep aid medications without consulting our office.

Eyedrops:

Elestat	Optivar	Patanol	Zaditor	Naphcon A (Visine A)
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Tricyclic Medications:

Anafranil (Clomipramine)	Norpramin (Desipramine)	Sinequan (Doxepin)
Elavil (Amitriptyline)	Pamelor (Nortriptyline)	Tofranil (Imipramine)
Surmontil (Trimipramine)	Viractil (Protriptyline)	

Beta-Blocker Medications – Discuss with Allergy Nurse:

Coreg (Carvedilol)	Normodyne (Labetalol)	Eye Drops:
Trandate (Labetalol)	Blocadren (Timolol)	Betagan (Levobunolol)
Corgard (Nadolol)	Inderal (Propranolol)	Betimol (Timolol)
Sectral (Acebutolol)	Tenormin (Atenolol)	Cosopt (Timolol)
Toprol XL (Metoprolol)	Lopressor (Metoprolol)	Istalol (Timolol)
Zebeta (Bisoprolol)	Corzide (Nadolol)	Timoptic (Timolol)
Innopran XL (Propranolol)	Tenoretic (Atenolol)	Betoptic S (Betaxolol)
Timolide (Timolol)	Ziac (Bisoprolol)	Ocupress (Carteolol)
Pindolol	Kerlone (Betaxolol)	Optipranolol (Metipranolol)
Levatol (Penbutolol)	Combigan	

Herbal Supplements

Licorice Green Tea Saw Palmetto St. John's Wort Feverfew Alfalfa

Stop One (1) Day Before Testing:

Singulair	Zantac (Ranitidine)	Pepcid (Famotidine)
Tagamet (Cimetidine)	Axid (Nizatidine)	Accolate (Zafirlukast)
Reglan (Metoclopramide)	Zyflo (Zileuton)	

You Can Take: Steroid Nasal Sprays Saline Nasal Spray or Irrigation
Breathing Inhalers Sudafed (**NOT** for persons with high blood pressure)