



**MIDWEST SINUS-ALLERGY  
SPECIALISTS**

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## **Allergy Testing Information And Instructions**

Allergy testing will give you specific information regarding many of the common airborne inhalant allergens. These include pollens, molds, animal dander and dust.

Allergy skin testing will be done on the arms with intradermal injections or a skin prick test. The process takes 60 to 90 minutes and you will know the results immediately following the test.

### **IT IS VERY IMPORTANT THAT WE KNOW ALL THE MEDICATIONS YOU ARE TAKING.**

Be sure to discuss any medications with your doctor or nurse as some medications can interfere with testing. This is especially important with prostate, glaucoma, headache and blood pressure medications (Beta Blockers). Please see medications listed on the reverse side.

If you use an inhaler, please bring it with you the day of testing.

All antihistamines should be stopped before allergy testing. Many over-the-counter cough, cold and sleep aid products contain an antihistamine. If you are unsure, please ask your nurse.

Please inform our office if you are pregnant or think you could be pregnant.

Children under the age of 18 must be accompanied by a parent or guardian.

Please wear a loose fitting, short sleeved or sleeveless tee-shirt/blouse the day of testing.

We recommend you eat 1 to 2 hours before your appointment.

Please contact our office if you are unable to keep your appointment. We welcome your questions – you can reach us at: 573-815-0662