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ALLERGY INJECTIONS

1. Clean the vial top(s) with alcohol. Keep vials and syringes separated. Draw up antigen in both syringes before injecting.
2. Always read the syringe from the "cc/ml" side. Draw up as much air into the syringe as you are going to take out in antigen. Remove cap.
3. If your antigen is separated into two vials, we recommend injecting the antigen from the red vial into the right arm and the antigen from the green vial into the left arm.
4. Insert the syringe needle into the center of the rubber stopper of the vial. Turn the vial upside down and push the air into the vial.
5. Draw back the plunger to fill your syringe to your antigen maintenance dose. Remove syringe from the vial.
6. Hold the syringe to eye level and check for bubbles. If there are any, hold tightly and flick out the bubbles. Then gently push the plunger until you see a bead of antigen.
7. Lay the syringe across the needle cap without touching the needle portion of the syringe.
8. Cross the arm you are injecting across your chest/abdomen. The injection target area is halfway between the shoulder and the elbow at the back of the arm. With your other hand, wipe the area clean with alcohol cotton ball.
9. Grasp the syringe and quickly push the needle into the targeted area at a 90° angle (straight in). Inject the antigen. Hesitate a second (to allow the antigen to spread away from the injection site) then quickly pull out the needle.